

*serves 12 people unless otherwise stated (served as cocktail style service; several dishes should be combined for a full meal). To serve our dish as a main meal, double the portion

Savoury menu * (for dairy-, egg- and meat-free suggestions see end of the menu)

Pastries-Breads

Stuffed with meat

Bacon-green onion bread	9\$
Spicy pepper jack and sausage scones	19\$
Balkan style meat patties-stuffed bread logs	14\$

Portugese bola bread with ham12\$



Rolled smoked pork bread with rosemary16\$
With different types of stuffing "Cornmeal bread" (but with millet flour) with olives
Cornmeal, millet and buckwheat bread with feta cheese and kale13\$
Curried cheddar bread
Extra juicy and soft cornmeal "bread" with 3 types of cheese24\$
Festive stuffed brioche wreath with center made of baked Camembert – perfect and complete starter32\$
Focaccia with grapes and blue cheese
Focaccia with olive tapenade20\$
Focaccia with potatoes and herbs
Macedonian layered bread with feta cheese19\$
Mushroom bread-cake
Onion marmalade-bread with spinach and pecans16\$
Potato stuffed bread11\$
Sun-dried tomato and olive bread7\$
Tomato-pesto scones with olives14\$
Other types of breads/pastries
Baguette
Buttery garlic and oregano knots14\$
Cheese pretzels

Flaky egg-bread10\$



Ground sesame cookies5\$	
Mini cornmeal and honey quick-breads14\$)
Poppy seed-yoghurt bread7.5\$	
Raised fluffy yeast dumplings, cooked in steam, ideal with stews135	3

Salty long fluffy breadsticks (covered with salt-paste)......10\$





Sesame sticks	7\$
Spelt and whole-wheat flour bread with chia seeds	17\$

Squash bread with corn and spelt flour	16\$
Tigelle – italian flat mini round breads ideal to stuff	
White-wine-seeds mini croissants	8\$

European pies and stuffed pastries

Veal

Argentinian empanadas (empanada mendocina) with meat, hardboiled egg and olive stuffing served with balsamic chimichurri sauce (24 large pieces but half option available)......45\$

Balkan-style meat pastries (on the far left)13\$



Buckwheat fluffy yoghurt pie stuffed with meat filling......17\$

Eggplant moussaka-bites	26\$
Goulash baskets (beef)15\$	
Meatballs stuffed with mozzarella and cranber dough and served with slightly spicy cheese say	
Meat, mushroom, yoghurt, cheese pie	24\$
Meat torte	18\$
Pork British pork huntsman pies (gourmet savory belly, chicken, bacon served with eggplant chur (can easily halve the portion) Japanese style Gyoza dumplings: - With traditional pork & cabbage filling, dip	served with soy sauce
Chicken/turkey/duck Crispy duck wraps in scallion pancake serve potato mash (Chinese style duck)	
Crispy flautas with duck breast and sriracha m	ayonnaise35\$
Japanese style Gyoza dumplings: - With turkey & cabbage filling, sei	
Pastrmajlija – Macedonian stuffed bread pie, v	vith chicken filling19\$
Spring feuilletté with chicken and vegetables	25\$

Sausage

Cauliflower cake with sesame/nigella seeds topped with sausage......33\$



Chorizo and cheese tortilla	.23\$
Flaxseed Focaccia with zucchini, cheese and sausage, shaped snail	
Panzerotti with Italian sausage	.16\$

Roasted pepper and eggplant squares with chorizo sausage..........16\$



Lamb



Sausage rolls middle-eastern style (minced lamb and spices in puff pastry) with either taboule salad (27\$) or pomegranate-preserved lemon salad (36\$) (but option without salad available)
Seafood fillings Asian-style dumplings with shrimp (or salmon) and minced pork with your choice of slightly spicy Asian dip (peanut butter or orange)26\$
Japanese style Gyoza dumplings: - With scallop filling, served with spicy sriracha dip32\$
Cheeses and cheese stuffed items
Baked brie in puff pastry (with pesto and roasted garlic or roasted peppers)24\$
Baked brie wrapped in brioche dough with prosciutto24\$
Bocconcini, tomato and basil pastries17\$
Crepes, pancakes, blinis (small pancakes) and waffles
Baked zucchini crepes stuffed with ham, cheese, cornichons31\$
Beetroot blinis (small pancakes) with crème fraiche and mixed greens
Buckwheat and zucchini blini (small pancakes) with smoked salmon and crème fraiche
Buckwheat crepe-baluchons with gruyere cheese and different mushrooms-sauce (these crepes are thin)
Buckwheat crepes with smoked salmon-cream cheese and pistachio filling served with spicy sauce
Corn-flour blinis with avocado and apple salad and radishes24\$
Chickpea pancakes with leeks, squash and yoghurt25\$

Creamy chicken crepes
Crepes with beer (no milk used), grains and seeds (oats, sunflower seeds, sesame) stuffed with cheese (feta and cream cheese) and roasted red pepper-eggplant spread
9-layer scallion pancakes
Green pea blinis (small pancakes) with smoked salmon rillettes (generous appetizer for 12 people)47\$
Korean kale pancakes
Swiss chard pancakes with chorizo and herbed cherry tomatoes29\$
Zucchini waffles with avocado dip34\$
Other stuffed pastries and European pies Bulgur wheat Kofte stuffed with green pea-stuffing, served with tahini-yogurt dip
Butternut squash and caramelized onion galette (generous appetizer for 12 people)
Cabbage and mushroom (shitake) galette with horseradish sauce (generous appetizer for 12 people)48\$
Caramelized shallot and mushroom quiche with goat cheese (generous appetizer for 12 people)
Cauliflower cake with sesame/nigella seeds33\$
Flaky swiss chard and leek pie with pickled-cucumber-dip29 $\$$
Fried puffy flat breads stuffed with pea filling15\$
Home-made large pretzels stuffed with bacon, cardamom and thyme (half portion available)29\$
Home-made large pretzels stuffed with cheese, spinach and artichokes (half portion available)45\$

Mini sauerkraut pies18\$
Mini Spanish pizzas with spinach and roasted tomato10\$
Mini individual "tarte-tatin" with artichokes, pancetta, ricotta, served with roasted cherry tomatoes
Pie with broccoli and hardboiled eggs with whole-wheat flour crust23\$
Savoury pie made with flaky-seeds-filled pastry (4 types of seeds) with a filling of Swiss chard, cheese, sesame and spices
Savoury pie (Soparnik) from Croatian coast, stuffed with swiss chard and bacon
Savoury strudel
Savoury strudel #2 with olives, cheese, bacon and ham25\$
Spelt and whole-wheat pie with red peppers and sunflower seeds .36\$
Spinach rolls
Squash and black bean quiche21\$
Swiss chard and cheddar Balkan pie32\$
Torta pasqualina (rice pie with home-made crust, ham, leeks and Swiss-chard or spinach)

Zucchini feta pie16\$
Soups / chowders
Beer and cheddar soup stuffed home-made mini pretzel bowls (serves at least 15 people)
Bok choy and mushrooms (white and shitake) udon noodles soup
Caldo verde – green Portuguese soup with kale and Chorizo26\$ (with traditional Azores cornmeal breads from Azores islands : add 11\$)
Cauliflower, leek and bean soup with bacon (or without) crispy kale (generous appetizer for 12 people)
Chicken soup with spinach and home-made gnocchi (generous appetizer for 12 people – thick, can be served as a light meal)
Chowder with chanterelle (if available) and shiitake mushrooms, with bacon and corn
Creamed roasted cauliflower and broccoli soup with bacon (or without)
Creamy soup (no cream used) with roasted carrots and red lentils.17\$
Fiskesuppe (Norwegian chowder with cod and root vegetables)53\$
Old fashioned lamb-stew soup (big portion, easily halved)60\$
Pasta / Pizza / Polenta

Beet & potato gnocchi with kale and walnut pesto52\$
Breadcrumb dumplings ("pisarei") with bean stew and parsley-speck pesto
Buccatini ai frutti di mare (seafood pasta with shrimp, squids, cod)
Buckwheat lasagna with smoked salmon and béchamel sauce with vegetables
Farro-gnocchi (made partially with spelt/farro flour) in a pork ragu45\$
Fregola-sarda (home-made roasted Sardinian pasta) with peas, saffron and potatoes47\$
Gambaloci — corn flour and rye flour gnocchi squares served traditionally with a sauce of onions and pumpkin oil27\$ (add also a rabbit liver sauce (if available) with red wine and herbs: add 18\$)
Gnocchi made with millet and peas in a creamy sauce

......with chicken......36\$
.....or turkey breast......54\$

Home-made rolled pasta with smoked rib and sausage sauce.......33\$



Idrija-style knodel/dumpling (from western Slovenia) stuffed with potatoes and bacon, in a pumpkin oil and onion sauce
Or in a lamb bolognese sauce36\$
Linguine with anchovies, capers, olives and breadcrumbs34\$
Pappardelle pasta with roasted cauliflower, mustard-brown butter and capers (generous appetizer for 12 people)37\$

Soft mashed-potato knodel/gnocchi served with sausage and herb sauce22\$



Spinach spätzli with crispy bacon and crispy pangrattato45\$

Wild boar ragu with home-made gnocchetti sardi pasta (Sardinian gnocchi-shaped pasta) (smaller portion also available)74\$

Pizza

Beer, caramelized onion and Brussels sprouts pizza with mozzarella and feta cheese
Brussels sprouts pizza with pancetta, taleggio and olives50\$
Grilled eggplant and olive pizza29\$ Jambalaya pizza (with sausage and shrimp or sausage alone)36\$
Pizza Chena/Chiena (rich Neapolitan pizza with double flaky crust, filled with different cured meats and cheeses and hard-boiled eggs)
Pizza with zucchini, mozzarella, arugula, capers and smoked salmon (generous appetizer for 12 people)65\$
Socca pizza (made with chickpea flour) with spinach, tomatoes, olives and feta34\$
Polenta
Cajun shrimp, smoked gouda grits (polenta) with crispy Brussel sprouts
Polenta croquette (baked in the oven) with veggies and chorizo (or other meat) and tomato sauce side (generous appetizer for 12 people)
Polenta with peas, shrimp, asparagus55\$
Pumpkin polenta with sour cream (ideal side-dish with meat; large portion)
Red wine-braised oxtail stew with creamy polenta and honey-glazed carrots
Roasted eggplant with relish of roasted peppers and herbs (option to serve it on top of polenta slices for an ideal appetizer)17\$ (+7\$)

Soft polenta with roasted mushrooms45\$
Risotto
Green risotto with chicken30\$
Risotto with savoy cabbage23\$
Risotto with shrimp, sun-dried tomatoes and asparagus (generous appetizer for 12 people)
Meat and sea bites
Moussakas
Eggplant moussaka-bites (with veal)26\$
Swiss chard-veal moussaka21\$
Roasted red pepper moussaka with minced chicken meat and rice (taller than the other moussakas)
Seafood Casseroles, stews and baked items
British layered peas, potatoes and cod60\$
Cod with peas Livornese style (with olives, white wine, tomatoes).80\$
Drunken calmar rings on bed of potatoes from the oven (this dish is best served right upon delivery)
Light Croatian stew with shrimp, mushrooms and potatoes45\$
Mediterranean style fish (bass) with capers and olives53\$

Meat Casseroles, stews and baked items

Lamb
Aromatic Moroccan lentils in tomato sauce and Moroccan lamb meatballs (or without – contact us for price without the meatballs)
55\$
Middle-eastern lamb and spinach stew with home-made flaky dough/flat bread
Spicy lamb chili served with cucumber raita, onion and chili pepper relish and Native American fried breads (half-portion also available)
Chicken and rabbit
Baked chicken knodels
Braised chicken with artichokes and fava beans (generous appetizer for 12 people)60\$
Chicken cooked in barley stew (Traditional Bosnian recipe)40\$
Chicken fricassee35\$
Chicken in mixed mushroom curry sauce (chanterelle, oyster, white) (generous appetizer for 12 people)
Chicken marsala meatballs (~24 bites)26\$
Chicken meatballs in creamy paprika sauce (sourcream, no cream) (~30 bites)
Chicken with pepper sauce (Poulet Basquaise) (generous appetizer for 12 people)62\$
Coq au Riesling with pappardelle, bacon (or without), mushrooms and kale (generous appetizer for 12 people)
Coq au vin (with mushrooms, pearl onions, bacon (or without),
cognac and wine) (relatively big portion)81\$

Creamy chicken breasts with capers and white wine50\$
Poulet a la biere with lentil salad47\$
Rabbit-beer stew with pearl onions and herby dumplings (1 rabbit; add 20\$ for an additional rabbit)
Stewed peas with small knodels and chicken30\$
Veal
Eggplant-meatball wraps (~18)26\$
Shakshuka with meat, eggplants and rice (with 6 eggs)40\$
Ethiopian spicy beef stew (Key Wat) served with Injera (traditional soft flat breads) (smaller portion also available)52\$
Pork
Drunken goulash (pork goulash with beer and dumplings)32\$
Oven baked large beans Eastern- European style (with sausages, bacon, roasted peppers and vegetables — can be a complete meal) 28\$
Pork and pepper stew (Serbian "muckalica")38\$
Pork butt and mixed pepper stew with fast knodels (gnocchi)

Pork stew with cider and parsnips, on bed of s and spicy caramelized onions (smaller portion	
Stir-fry Beef, broccoli stir fry with brown rice (ger people)	
Chicken-cabbage stir-fry with basmati rice	58\$
Spicy Asian-style minced pork with napa cabb sauce and brown rice, served in Boston-lettuce	
Game meat dishes Traditional English steamed pudding with porbelly, served on a bed of peas (smaller portion	
Veal/beef dishes	
Arancini (fried rice balls with minced meat, cheese and mushrooms) with marinara dip21\$	
Argentinian meat patties stuffed with ham	and cheese and served

with sauce tartare32\$

Cevaps – ground veal patties in a slightly spicy red sauce48\$

Meatballs stuffed with cheese16\$ (12\$ without cheese in the middle)



Minced meat patties (pork&veal) in a goat cheese sauce with sesame seeds
Schnitzel-roulade with bacon and swiss chard24\$
Steak Pizzaiola with capers43\$
Stuffed leek triangles with avgolemono sauce44\$
Swedish minced veal and caper burgers with herby and creamy wine sauce on top of greens
Rabbit/chicken/duck/turkey dishes
Chicken liver in roasted red pepper spicy sauce36\$
Chicken and hoisin sauce burgers with pickled red onions in home-made butter buns
Indian-style turkey burger patties (12x), with yellow curry mayonnaise aioli and Asian cabbage slaw58\$
Russian roulette roll – decorative chicken roll stuffed with mushroom-stuffed crepes
Russian "sausage" with rolled marinated chicken schnitzels50\$
Tsukune – Japanese chicken skewers with a dipping sauce24\$

Chicken dressed in bacon	
Chicken roulade with ham and spinach	
Chicken roulade stuffed with minced meat, roasted red peppers and brie	
Spanakopita-chicken meatballs with yoghurt dip50\$	
Turkey roulades with fontina cheese and sage34\$	
Lamb dishes	
Lamb koftas with baba ganoush spread26\$	
Lamb meat-balls with cherry tomato and cheese stuffing18\$	
Pork Asian pork meatballs with a dip23\$	
Balkan-style skewer (pork filet and smoked sausage)21\$	
Crispy fried cabbage rolls with a savoury dip24\$	
Minced meat patties (pork&veal) in a goat cheese sauce with sesame seeds	
Montenegro style rolled pork schnitzel stuffed with smoked prosciutto and cheese in a creamy-wine sauce38\$	
Mushroom-bacon sauce (for chicken roulade)10\$	
Pork belly skewers with green curry sauce, served on roasted asparagus and crispy Jasmine rice	
Russian "sausage" with rolled marinated pork schnitzels32\$	

Scotch eggs (hardbolied eggs surrounded with a chorizo and pork layer with spices), served with pickled onions and curry-mayonnaise
Smoked pork leg (bite-size pieces ideal for cocktail-style dinner), breaded in beer-type dough and served with a horseradish sauce
(you can add a side-dish of sauerkraut : additional 5\$)
Wiener Schnitzel (Vienna), topped with capers and Swiss cheese, with herby butter, served with dill sauce on top of bed of greens42\$
Wiener Schnitzel (Vienna) with sauce tartare31\$
Saussage Chorizo sausage burgers with beans with sour cream dip and avocado
Fritters with sauerkraut, sausage and potatoes, with mustard dip

Scotch eggs (see under "Pork")

	nd (spelt grain) with chorizo and calmar/squid (big port ved)	
Salmon pa	atties with horseradish dip	42\$
Shrimp sl	iders with wasabi mayo in home-made bun	.30\$
	calmon lollipops with cream cheese, mustard and cape	
Spicy Spa	nish devil eggs (with tuna and anchovies)	22\$
	Dips and spreads	
Arugola a	nd fava bean spread for crostini	17\$
Artichoke	-olive spread	13\$
	pea spread with whole wheat bread slices and omelet etizer sandwiches)	
with a ger	ıda, warm anchovy creamy dip from Piedmont, Italy, se nerous selection of fresh vegetables and bread bites for	
Basque eg	ggplant-anchovy dip	16\$
Crushed p	beas with smoky sesame dressing with hand made flaky	
	and bell pepper dipbowl	
Hummus	with savoy cabbage and sesame seed paste	13\$
Roasted g	arlic dip	9\$
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Slightly hot roasted pepper, feta cheese spread
Tahini spread
Whipped feta spread with marinated cherry tomatoes & olives25\$
Yogurt, vegetable and herb dip15\$
Salads and vegetable side-dishes
Salads and vegetable side-dishes Veggie-burgers, fritters, latkes and patties
Veggie-burgers, fritters, latkes and patties
Veggie-burgers, fritters, latkes and patties Baked cauliflower patties with yoghurt-sriracha dip19\$ Best veggie burger! Comes with whole-what oat-buns, pickled onions
Veggie-burgers, fritters, latkes and patties Baked cauliflower patties with yoghurt-sriracha dip19\$ Best veggie burger! Comes with whole-what oat-buns, pickled onions and a sauce60\$/12 standard size burgers

Latkes with Brussels sprouts and yoghurt-Dijon sauce18\$

greens (can be served as a complete vegetarian meal)......37\$

Quinoa and black olive patties with roasted pepper dip on bed of

Risotto-mushroom-mozzarella patties with marinara dip17\$
Roasted Cauliflower-roasted pepper patties with sweet cabbage-rice side-dish
Spicy roasted cauliflower falafels with beetroot za'atar dip24\$
Spinach balls12\$
Zucchini patties with mashed cauliflower and millet side-dish34\$
Grains and grain legumes Aromatic Moroccan lentils in tomato sauce and Moroccan lamb meatballs (or without – contact us for price without the meatballs)
Bake of beans and veggies with rice22\$
Oven baked large beans Eastern-European style (with sausages, bacon, roasted peppers and vegetables — can be a complete meal)
Baked caprese frittata with quinoa29\$
Balkan-style fried beans
Barley salad with peas, sugar snap peas and asparagus (generous appetizer for 12 people)

Brussel sprouts, chickpeas, pomegranate, chili salad with tahinimaple dressing (generous appetizer for 12 people)35\$
Couscous alla carbonara with diced zucchini, curry and omelette27\$
Cumin-spiced edamame salad22\$
Farro salad (spelt grain) with chorizo and calmar/squid (big portion, easily halved)60\$
Garlic and dill fava bean salad
Israeli couscous salad (whole wheat pearl couscous) with roasted cherry tomatoes and olives, arugula, and few other things
Israeli couscous with asparagus and peas36\$
Knodels with broccoli and rice23\$
Lemony chickpea salad with radishes, herbs, avocado and feta cheese (generous appetizer for 12 people)
Mixed stewed cabbage, squash, beans and mushrooms with whole grain rice
Peas, edamame and kale with rice side dish30\$
Roasted Brussel-sprouts with ham, bacon, on top of fluffy basmati rice

Roasted corn and edamame stir fry with chili-coriander lime sauce with whole-wheat Israeli (pearl) couscous	
Salmon salad with couscous, avocado and feta cheese	60\$
Shiitake and eggplant stir-fry with gingery-garlic sauce served on perfumed yellow jasmine rice	29\$
Spicy squash salad with lentils and goat cheese	50\$
Spicy stir-fried savoy cabbage and edamame with fresh mint	15\$
Stewed fava beans and tomatoes	30\$
Stewed green veggies (peas, edamame, green beans, spinach) will be seeds and pieces of pancetta (or without: less 2\$)	
Swiss-chard with beans, carrots and celery (Verdure Faggioli)	
Other casseroles, baked items and salads Beet and turnip gratin with thyme and shallots (no cream)	eeds
Beet and turnip gratin with thyme and shallots (no cream)	eeds 31\$
Beet and turnip gratin with thyme and shallots (no cream)	eeds 31\$ 28\$
Beet and turnip gratin with thyme and shallots (no cream)	eeds 31\$ 28\$ 16\$
Beet and turnip gratin with thyme and shallots (no cream)	eeds 31\$ 28\$ 16\$ 23\$
Beet and turnip gratin with thyme and shallots (no cream)	eeds 31\$ 28\$ 16\$ 23\$ for 29\$
Beet and turnip gratin with thyme and shallots (no cream)	eeds 31\$ 28\$ 16\$ 23\$ for 29\$ 24\$

Escalivada catalana (veggies stew)24\$
Garlic butter roasted mushrooms
Gratin with kohlrabi, potatoes and mixed mushrooms and bacon .28\$
Grilled eggplant and spinach salad with sundried tomatoes and tahini dressing
Grilled eggplant caprese (eggplants, tomatoes, mozzarella, prosciutto, basil) (generous appetizer for 12 people)
Hunter's pickled salad with red peppers9\$
Japanese style swiss chard salad with sesame
Manchurian mushrooms (battered and fried mushrooms in sweet- sour garlic sauce – Indian/Chinese fusion)24\$
Mushrooms and Cipollini onions with white-wine-garlic-butter sauce
Mushrooms stuffed with chorizo and manchego cheese30\$
Parmigiana with grilled eggplants, mozzarella, fontina, tomatoes and olives

Pepper and caper tapas21\$



Red-beet and horseradish salad	8\$
Roasted beet salad with blue cheese and maple-balsamic reduction	
Roasted beets, goat and cream cheese stacked salad with pistach	
Roasted Brussel-sprouts with sausage and cumin2	6\$
Roasted eggplant and pepper salad1	8\$
Roasted eggplant with relish of roasted peppers and herbs (option t serve it on top of polenta slices for an ideal appetizer)17\$ (+7	
Roasted green beans with pancetta (or without) and herbs28	3\$
Roasted squash with red onions and tahini sauce2	1\$
Sauteed radishes and sugar snap peas with dill20	0\$
Sauteed shredded Brussels sprouts with herbs and crispy shall (generous appetizer for 12 people)	
Savory Dutch baby with roasted broccoli2	:5\$
Sugar snap peas and oyster mushrooms in sherried cream (or Mille preferred)	
Zucchini rolls with cheese and olives10)\$

Gourmet mini-cupcakes (ideal for corporate parties and cocktail parties)

Lamb mini-cupcake with beet-mashed potato frosting (made with QC-lamb)2.0\$/mini cupcake



Salmon mini cupcake with dill-mashed potato frosting	
Zucchini-pea-cheese mini cupcakes with ricotta-basil frosting	
Dairy-, egg- and meat-free suggestions ideal for lent	
Pastries and pies or stuffed pastries	
Baguette	
Focaccia with olive tapenade20\$	
Sesame sticks	
Savoury pie (Soparnik) from Croatian coast, stuffed with swiss chard and bacon 408	
Dips and spreads	
Artichoke-olive spread	
Basque eggplant-anchovy dip16\$	
Eggplant and bell pepper dip	
(in edible bowl24\$) Hummus with savoy cabbage and sesame seed paste13\$	
Roasted garlic dip9\$	
Noasted gaine dip	

Roasted vegetable hummus	
(in edible bowl	17\$)
Sea bites	
Drunken calmar rings on bed of potatoes from the oven (thi	s dish is best served
right upon delivery)	33\$
Salads and vegetable side dishes	
Caponata (eggplant, olive, capers)	33\$
Curried brown rice and zucchini fritters	
Balkan-style fried beans	
Corn fritters with sriracha, lime and beer	
Cumin-spiced edamame salad	
Hunter's pickled salad with red peppers	
Israeli couscous salad (whole wheat pearl couscous) with ro	
and olives, arugula, and few other things	
Japanese style swiss chard salad with sesame	
Manchurian mushrooms (battered and fried mushrooms in	
sauce – Indian/Chinese fusion)	
Pepper and caper tapas	
Red-beet and horseradish salad	8\$
Roasted corn and edamame stir fry with chili-coriander lim	
wheat Israeli (pearl) couscous	29\$
Roasted eggplant and pepper salad	
Roasted eggplant with relish of roasted peppers and herbs (
top of polenta slices for an ideal appetizer)	
Shiitake and eggplant stir-fry with gingery-garlic sauce serve	
yellow jasmine rice	
Spicy roasted cauliflower falafels with beetroot za'atar dip	